

FAQ

What are the rules for playing in each division?

Division 1 (Gold): This is the highest level of youth soccer. All players of the right age or younger, are eligible to play in this division.

Division 2 (Silver): This is the second highest level of youth soccer. All players of the right age or younger, are eligible to play in this division with the following restrictions. If your team is playing in Division 2 then you may only have 2 Gold (D1) players on your team. If your team is playing in Division 3 then you may not have any Gold (D1) players on your team. Younger players playing in an older division are also subject to these restrictions.

Division 3 (Bronze): This is the third highest level of youth soccer. All players of the right age are eligible to play in this division with the following restrictions. If your team is playing in Division 3 then you may only have 2 Silver (D2) players on your team. Gold (D1) players are not allowed on your team. If your team is playing in Division 4 then you may not have any Silver (D2) players on your team. Younger players playing in an older division are also subject to these restrictions.

Division 4 (Recreational Plus): This is the fourth highest level of youth soccer. All players of the right age are eligible to play in this division with the following restrictions. If your team is playing in Division 4 then you may only have 2 players who play in Division 3 on your team. Gold (D1) or Silver (D2) players are not allowed on your roster. If your team is playing in Division 5 then you may not have any Bronze (D3) players on your team. Younger players playing in an older division are also subject to these restrictions.

Division 5 (Recreational): This is the fifth highest level of youth soccer. All players of the right age are eligible to play in this division with the following restrictions. If your team is playing in Division 5 then you may only have 2 players who play in Division 4 on your team. Gold (D1), Silver (D2) or Bronze (D3) players are not allowed on your roster. Younger players playing in an older division are also subject to these restrictions.

Can older players play in younger divisions?

Older Players may never play in younger divisions.

Can younger players play in older divisions?

Yes, but subject to San Ramon Sports approval. If you are adding players more than 2 years younger then approval must be given before the player can play in any game. An Email to john@sanramonsports.com must be received 5 days before your player is eligible to play.